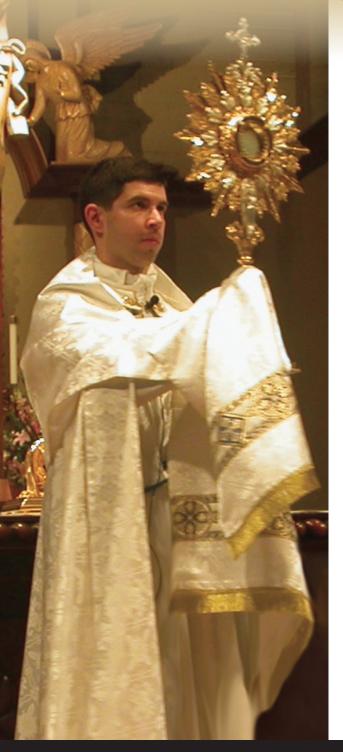
Spiritual Exercises

Silent Ignatian Retreat



At Westminster Abbey!

For Women (16 and over)

December 8-10, 2017

Westminster Abbey 34224 Dewdney Trunk Rd. Mission, BC

\$230 per room

(all rooms are private with private bathroom)

The Spiritual Exercises are a silent retreat based on the well-proven method of St. Ignatius of Loyola. The Priests of Miles Christi, devoted to the preaching of these Ignatian retreats, frequently offer them in a weekend format. Throughout the centuries, the Spiritual Exercises have shown to be an excellent means of sanctification, highly praised by Popes and Saints.

Miles Christi is a Roman Catholic Religious Order of Priests and Brothers devoted to the sanctification of the laity. These retreats, as every other activity of Miles Christi, are entirely according to the Magisterium of the Church, and based on solid Catholic spirituality.

Preached and Directed by the Priests of

Miles Christi

For more locations and dates please check: www.spiritualexercises.net

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