For the next several weeks there will be information regarding the meaning of Halloween, Holy Souls, Triduum, Indulgences, Funerals and Scattering.

What is an indulgence?

If you were to fall and tear a ligament or tendon in your knee, your body would not be able to heal itself; you may need a surgeon to fix it, and even then you would need physiotherapy in the months that followed because the knee would be weak and prone to future injury. In a similar way, every time we fall spiritually (every time we sin) there is also a spiritual consequence – damage to the soul that leaves the soul weak in this area and prone to future sinning damage that needs to be healed. This is because every sin, even little ones, and even ones that have been forgiven through confession, indicate an unhealthy attachment to something other than God, and this must be purified either here on earth. or after death in the state called Purgatory. The Church recognizes our need in this area, and so lovingly offers us pathways to speedily purify that spiritual consequence here on earth, called *indulgences*. We can obtain an indulgence for ourselves, or on behalf of the souls in Purgatory (which is made possible through the *communion of saints*).

During the season of Holy Souls, we can obtain a full indulgence (a.k.a., a *plenary* indulgence) on behalf of a soul in Purgatory, by devoutly visiting a cemetery during November 1st - 8th (it is a partial indulgence during other days of the year) to pray for the dead. In order to access this indulgence on behalf of a soul in Purgatory, your own soul must be adequately prepared by receiving the sacraments of Confession and Holy Communion (within several days of visiting the cemetery), and by spending a little time praying for the intentions of the Pope (one Our Father and Hail Mary is a good minimum), which expresses our unity with the Church. We can give no greater gift to a loved one who has passed away!

CAN I SCATTER MY RELATIVE'S ASHES IN THE OCEAN?

Even though it may look classy or romantic in the movies, cremated remains should never be scattered. Cremains, though in ash form, are still what remain of the body, and we should no more scatter them than we would scatter body parts about. Placed in a worthy container, they should be buried in a grave or inurned in a columbarium niche, preferably in a Catholic cemetery (which is sacred ground that has been consecrated by a bishop). This Catholic practice expresses reverence and respect for the dignity of the human body as a member of Christ.

Furthermore, the very act of visiting a site and seeing the deceased's name (not possible if someone's remains have been scattered), provides comfort and closure not only to family and friends, but for everyone whose lives were touched by the deceased. It is also for generations that follow who will want to connect with their heritage.

Welcome to St. Ann's Parish

Our Vision Statement: to be a Christ-centered community of missionary disciples.

Our Mission Statement: to work and pray to be a welcoming, Eucharistic community that spreads the good news of Christ. We each strive to share our gifts within and beyond the parish for the glory of God.

THIS WEEK AT ST. ANN'S

MASS will be celebrated, Sunday, October 22nd at 4:00 p.m. in the Sacred Space at Abbotsford Regional Hospital.

PARISH PASTORAL COUNCIL MEETING: Tuesday, October 24th at 7:45 p.m. in St. Monica's lounge.

MASS will be celebrated at MSA Manor on Wednesday, October 25th at 2:30 p.m.

COMMUNION SERVICE at the Mayfair Seniors' Home on Thursday, October 26th at 10:00 a.m.

MASS will be celebrated at the Menno Hospital Chapel on Friday. October 27th at 10:00 a.m.

A TRAINING SESSION for Lectors (at 10:00 a.m.) & Eucharistic Ministers (at 11:00 a.m.) on Saturday, October 28th after the 9:00 Mass (starting at 10:00).

FAMILY BOWLING: SUNDAY, NOVEMBER 26TH, 1:30 -3:30 PM

At Galaxy Bowl on Simon Avenue; Bowling & shoe rental is free. RSVP to John Galay at 604-853-0746 by November 20th. Limited space so reserve early.

Please bring a non perishable food item for St. Vincent de Paul Society. Sponsored by the Knights of Columbus

CELEBRATE THE FEAST OF ST. JOHN PAUL II

In honor of this beloved saint's feast day on October 22nd, follow his journey from his youth in Poland through the late days of his papacy as he touched millions, changing the face of the Church and the world, and defending the dignity of mankind.







All three films found on FORMED.

If you or a family member would like a visit or to receive the sacraments while in the hospital or at home, please contact the Parish Office at 604-852-5602. As many Catholics are unaware at the admitting interview, that without indicating that they are a Roman Catholic and would like a visit from a priest, their name will not be included on the hospital list. We have 3 lay people and a deacon who visit the hospital on Mon., Tues., Wed. & Fri. each week.

PROJECT ADVANCES PLEDGE TOTALS: \$70,307.00

Pledges can be made up to the end of December, so there is still lots of time to make a decision to donate towards the building of our new church.

29TH SUNDAY IN ORDINARY TIME OCTOBER 22ND, 2017

MASS INTENTIONS FOR OCT 23RD TO OCT 29TH, 2017

Monday 8:00am Jose Carrao, rip.. Tuesday 7:00pm John Stonoski, rip.

Wednesday 8:00am Henry Lansink, rip.

Thursday

8:00am Ernie Maddalozzo, rip.

Friday

8:00am Eduardo Tolentino, rip.

Saturday

Tony Katchmer, int. 5:00pm Henry Jelinski, rip.

Sunday

8:00am Intentions for the Parish 10:00am Thomas Thorne, rip. Hannelore Lavoie, int. Noon

FEAST DAYS & READINGS OCT 23RD TO OCT 29TH, 2017

Monday

Romans 4:20-25; Luke 12:13-21

Tuesday

Romans 5:12,15b,17-21; Luke 12:35-38

Wednesday

Romans 6:12-18; Luke 12:39-48

Romans 6:19-23; Luke 12:49-53

Friday

Romans 7:18-25a; Luke 12:54-59

Saturday-St. Simon & St. Jude Ephesians 2:19-22; Luke 6:12-19

Sunday-30th Sunday in Ordinary Time: Exodus 22:21-27; 1 Thessalonians 1:5c-10: Matthew 22:34-40

<u>IUNIOR YOUTH (Gr. 5-7): Oct 28 - God is The One</u>

The first commandment says, "I am the Lord, there is no other." God is the God for everyone, even those who do not believe. We are citizens of heaven and earth at the same time. Our civil duties are actually part of our responsibility to God, as long as they don't conflict with His laws.

As Jesus said, "Give to Caesar what is Caesar's and to God what is God's."

LIFETEEN (Gr. 8-12)

November 4th - Cancelled due to Christmas Market and Spirit Day. The event "Catholic Double Dare" will be postponed to become part of the Christmas Party. Come see us in the Youth Lounge during the Christmas Market and enjoy the awesome games.

WANTED: YOUTH CHOIR MEMBERS

Our youth choir which plays at the 5pm Saturday Youth Mass is looking for members, especially singers! If you or anyone you know would like to join and help us out please contact Kirsten at

youthministry@stannsabbotsford.ca. We meet for practice at 4pm on Saturday and will be starting to have weekday practices as we approach the Christmas season.

ALL SAINTS PARTY: (For Ages 12 and under)

St. Ann's will be hosting their annual All Saints Party on Wednesday, November 1st from 6:30pm - 8:00pm. Come dressed as a Saint and join us for some awesome themed games. Costume ideas will be available on the Youth Ministry Bulletin Board soon. It's FREE to join so come on out and have a great time!! There will be candy grab bags and some awesome Saint themed games! Of course this event would not be possible with out the many volunteers it takes to run it! Anyone in Grade 7 and up is welcome to volunteer. If you are interested in volunteering please contact Kirsten ven der Buhs by email: youthministry@stannsabbotsford.ca

Ann's Christmas Market NOVEMBER 3RD & 4TH

The following items are still needed. Please drop off at office by **Tuesday**.

Lard – not shortening (15lbs), Flour (12kgs), Butter (4 lbs), monetary donations gratefully accepted to pay for 60 lbs. of pork

*Biscuits (cookies), Bottles of water (24), Pop Cans x 20 Cases of Assorted Flavours

*Tickets for a movie, Bottle of wine, Fancy soap, Loofa, Pedicure tools, Body brush

*Hunting book or Magazine, Fishing line, Fishing items

*Art supplies, Sidewalk chalk

Calling Young (ages 16 & under) **Entrepreneurs of St. Ann's!** There are **3** spaces left for the youth of St. Ann's Parish to sell their homemade goods at our Christmas Market. Cost is \$5.00 for half a round table. Adult crafter tables available too \$45.For info on Christmas Market. contact Juana at riveters@gmail.com or call / text 306-313-0664

Sign-up Board for Volunteers is set up in Church Fover. Please share some of vour time for this fundraiser.

Time to start baking ladies/gents. Christmas 🍝 goodies are the best sellers along with a BAKE SALE variety of cookies and



tarts to freeze for Christmas company. Homemade bread, cakes and pies are also pleasers. Muffins always tasty with a cup a coffee/tea. Containers are available at office.

On the weekend of November 3 - 5, there will be a VOCATION LIVE-IN for boys or young men interested in the priesthood or the consecrated life, at the Seminary of Christ the King, Mission, BC. For more information call 604-826-8715.

FR. ROB GALEA CONCERT at St. James Church on Sunday, November 12th, 2:30 to 4:30pm. Tickets include combined event with Advent Reflections with Fr. Tony Ricard on Friday, November 24th from 7-9pm. Tickets \$20pp at St. Ann's Parish Office.