Because of your generosity we raised $1994.05 for the Food Bank & Puerto Rican hurricane relief.

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**Youth Ministry Activities**

**Youth Alpha (Gr. 5-7 & Gr. 8-12) – Every Saturday 6-8pm**

Youth Alpha focuses on our personal relationship with God and our family and is a wonderful program for anyone wishing to develop a deeper connection. The program will run weekly on our normal time on Saturdays from 6-8pm. Alpha (for 18+, Parents, grandparents, etc) will also run at the same time (Contact Jody Garneau regarding the adult program and babysitting). Dinner is provided and they now have childcare! This would be a wonderful experience for the family whole and I highly encourage you to join us. We will be dividing the youth into age groups for videos, discussions, games, and more. Contact Kirsten at youthministry@stannsabbotsford.ca for more information.

**Youth Ministry Study Team**

We are excited to announce that on Thursdays from 4-7pm LifeTeen is starting a homework group. If there is a subject that you are struggling with and you would like some help feel free to come by and join us. Email Kirsten if you would like more information and let us know if you have a subject that you would like us to cover.

- If anyone would be interested in volunteering to help with this program please contact Kirsten also *

**Childcare Substitute Needed**

The Endow women’s study group is looking for a substitute childcare helper to fill in occasionally if their regular childcare helpers are away/sick. The group will be meeting every second Wednesday from 9:30 to 11:30 am, from February-May.

Please return last years Palms – Ash Wednesday, February 14

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**PANCAKE BREAKFAST** will be prepared by our Knights of Columbus on Sunday, February 11th after the 8:00 & 10:00 a.m. Masses. Come and enjoy a delicious breakfast with family and friends.

**CHAPLET OF DIVINE MERCY AND VESPERS** on Sunday, February 11th at 3:00 p.m. in the Sacred Space at Abbotsford Regional Hospital Please join us in praying for the Doctors, Nurses, hospital workers, and most especially the patients and their families.

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**REFUGEE FAMILY ARRIVING THIS WEEK**

The family is arriving from Lebanon (originally from Syria) to Vancouver on Thursday. We have the top half of a house rented for them. We will be introducing them to the parish in a week or so after they have settled in. Hopefully all can get a chance to see them and greet them after Mass one day. We still have some fundraising to do and will inform you when we have confirmed these events. It is an exciting time for St. Ann’s.

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**St. Ann’s CWL cordially invite all Ladies of the Parish to join them for the “Gifted by His Grace” RETREAT on Saturday, March 3rd, beginning with Mass at 9am and retreat from 10am to 3pm. Tickets are $10 (includes morning coffee and lunch). Available at the Parish Office.**

Guest speakers include: Colleen Roy who writes for the “Home Front” column in the B.C. Catholic. Topic: “Gifted by His Grace”; Kathy Ross, who has a Wholeness Practice (Body, Mind and Soul) who will speak on “Discovering the peace within us, and the deeper peace that God gives us.” Fr. Ajan, our Chaplin, will also be speaking to us on the day’s retreat topic. Come and fill your hearts with us!

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**St. Ann’s Catholic Community welcomes Ethan Ly & Kelcie Ly who were received into the Catholic Faith on Sunday, January 28th through the Sacrament of Baptism.**

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**MEN’S SPIRITUAL EXERCISES RETREAT**

March 16-18. Total cost is $230 Canadian. Retreat is Westminster Abbey, Mission, B.C. This is a silent retreat designed for spiritual discernment and formation. Everyone will have the opportunity for confession and spiritual direction with the priests of Miles Christus from San Francisco, CA.

Email adultfaith@stannsabbotsford.ca for a registration form.

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Continued from 1st column

John learned to be more available and ready (willingness). He assimilated the way of humility. He discovered the meaning of submission and “seek not my own will, but the will of Him who sent me” in 4:34. With this attitude, he responded to God’s call to a life of service, self-giving, and of sanctification. He answered the Lord’s calling by entering the seminary for his formation.

It was during the time in the seminary that John found the object of his desire was the Lord. The substance of his life is love. The mode of his action was the Grace of Christ in the sacraments. The object of his relationship with the Lord that had formed for the kingdom. He perceived that “if I love heaven, I love to think of heavenly things. If I love the world I rejoice at the prosperity of the world. If I love the flesh, my imagination is often on the gratification of my eyes and my thinking of earthly and spiritual things. For whatsoever things I love, of the same I love to speak and hear, and carry home with me the images of such.” Therefore John increasingly loved God. The bond of his relationship with Him grew stronger and closer. He desired the opportunity for confession and spiritual direction with the priests of Miles Christus from San Francisco, CA.

Email adultfaith@stannsabbotsford.ca for a registration form.

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Continued on last column